

Travelling to Cuba: New requirements regarding Health Coverage

Effective May 1, 2010, the Cuban government is requiring that all travellers to Cuba hold valid Health Insurance prior to entering the country.

Although proof of Canadian provincial health insurance is sufficient for visitors to enter Cuba, your provincial plan may cover only part of the costs and will not pay the bill up-front, as required.

To meet this new requirement, and to avoid potential out of pocket expenses, it is strongly recommended that travellers present the following upon arrival in Cuba:

- proof of existing health insurance: a copy of the health coverage information from the Benefits Booklet, located on the NAV CANADA portal, under Human Resources. For retirees who retired *prior to* January 1, 2010, this booklet is available on the NAV CANADA Joint Council website (www.ncjc.ca). (*For represented retirees who retired on or after January 1, 2010, please contact your Health Insurance Provider for more information.*)
- an official letter from Mondial Assist (formerly World Access) indicating proof of coverage. This letter will also be available on the NAV CANADA portal, in the Human Resources section, as well as at www.ncjc.ca.

If unable to provide this information upon arrival in Cuba, the purchase of health insurance from a Cuban insurance provider will be required before access to the country is permitted.

For further information, please contact Sarah Tattrie, Benefits Advisor at 613-563-3853 or email benefits@navcanada.ca.